

Spaldwick Community Primary School



Head 2 Home

January 2020



@SpladwickPrima1

Website: www.spaldwickschool.org.uk

Contact: 01480 890371

Spaldwick School where every day is a chance to LEARN and SUCCEED

Message from Mrs Worrell

January is often recognised as one of the most challenging months of the year. The press have talked about several factors leading to this including, the weather, failing our New Year's resolutions, low motivational levels and the feeling of a need to take charge of the situation. Just like the rest of the country, mental health has been high on our agenda this month. We recognise children need to be ready to learn and that if we fail to invest in supporting their mental health, we cannot expect calm, confident and happy children. As our designated mental health champion, I have attended the Huntingdon Mental Health Forum, booked staff training to help us all think about our own well-being and staff have received training on conflict resolution and peer mediation. We have continued the amazing work Amy Bradshaw is doing in her weekly Paws b. sessions and we are excited about how our children are beginning to use the strategies independently. Our newsletter also highlights some things going on in our county and we have lots of posters around school signposting you to some of the great work being carried out by our Family Worker, Kayleigh Fry. If you need to talk or we can help in anyway at all please just ask.

Personally, January has become one of my favourite months! As a school, we seem to squeeze so much in with our visit to Young Voices and our Year 3 residential but most importantly, I am always so proud of the progress you see children make this term.

Healthy Minds – Mental Health Help for the Whole Family

Parent Support Drop-In Session HEALTHY MINDS Tuesday 11th February: 6.45-8.30pm St Ives Corn Exchange Join us to find out about the mental health help and support that is available for you and your family around St Ives. All parents and carers welcome -free refreshments available.

Please drop in at any time between 6.45pm and 8.30pm

There will be a warm welcome and lots of information to take away on issues that you and your young people may be experiencing including anxiety, stress, depression, school avoidance etc. You will also have the option to attend workshops on exam stress, self-harm and mindfulness along with the opportunity to join local reading, crafting and peer support groups.

For more information and to book in contact:

Rachel Mulholland - T: 01480 496552 /
info@forbestrainingltd.co.uk

Joanna Grimmer - info@jg-coaching.co.uk

Young Voices

Once again we had a fantastic time at Young Voices and our children were fab-u-lous, well done Spaldwick!



Year 3 Residential



Our Year 3 children excelled themselves on our residential to Grafham Water. They stepped out of their comfort zone, challenged themselves and they all achieved. They were amazing!

Time to Talk

Thursday 6th February is Time to Talk day. You can find out more by following this [link](#).

We will be *stopping and talking*. If you would like to talk I will be in the staff room drinking tea and eating cake at 3pm, why don't you come and join me.



Mystery Reader

Could you spare 15 minutes at the end of a school day? We are looking for parents, grandparents and other family members to visit our Curiosity Cubby and become a 'Mystery Reader'. The aim is to show children that adults love reading too. You could read a book about a special interest or hobby, a book you particularly enjoyed as a child or a current children's book brought from home, or selected from the school library. If you are interested in joining in please email head@spaldwickschool.org.uk



In order for the class to gain the full impact and excitement of the reader experience, please keep it a secret and hence a mystery, even from your own child!

Online Safety Session

Tuesday 11th February is National Online Safety Day. It is extremely important that online safety is embedded every day but it is also helpful to have a day to highlight issues around online safety for the whole school. We will be running an online safety workshop for parents at 6pm on 11th. We hope you will be able to join us.

Week Commencing	Diary Dates
03/02/20	Wednesday 5 th (2:40pm) - Kestrels class assembly Thursday 6 th – Time to Talk Day Thursday 6 th (6pm) – Parent Forum Friday 7 th – NSPCC Maths Day
10/02/20	Tuesday 11 th (6pm) – Online Safety Day, workshop for parents Friday 14 th – School closes
24/02/20	Monday 24 th – School opens Thursday 27 th (1:30 – 7pm) - Parent consultations Friday 28 th – Years 5 & 6 – Hockey
02/03/20	Thursday 5 th – World Book Day (dress as a book character) Thursday 5 th – Year 3 Football Tournament
16/03/20	Monday 16 th (4pm – 6pm) – Open Classroom to look at books, teachers will not be available Friday 20 th – FOSS Disco
30/03/20	Tuesday 31 st – Year 2 Football Tournament Tuesday 31 st – Years 5 & 6 Netball Friday 3 rd April – School closes